



Music

Just Jerome.



Every Thursday afternoon

A selection of Rock'n'Roll, 60's, 70's, 80's, 90's onwards, Elvis, Country, Irish, Swing / Ratpack.

Music Sounds for Pleasure – Mr Clive Silverman

Every Sunday Afternoon

Big band, Crooners, Rat pack, Jazz, Rock n roll hits, Classics, Motown, Pop classics & more.



Children



Alternate Fridays, during term time.

Visits from local pre-school children, facilitated by Debutots.

Exercise and Therapy

Holistic Hand Massage (and a chat) by Gemma

Alternate Monday Afternoons



Alternate Monday Afternoons

Exercise to Music by Physiotherapist Karen

Activities with Shell



To provide varying and enjoyable past times a wide variety of group and one to one activities are offered on Tuesdays, Wednesday Afternoon, Friday Afternoon and Saturday Morning.

A wide variety is available

- Quiz time.
- Bingo.
- Films.
- Music & Movement.
- Reminiscence.
- Musical chair exercises.
- Board games.
- Arts & Crafts.
- Card Games.



Times and activities can be changed, and they often are, to provide flexible activities that are enjoyable.

The current weekly plan is available on the notice board.

Regular Shows and Events

Animal / Pet Therapy



Lion Learners – Booked every 3 months, loved by all, residents grand children often visit, see website gallery for pictures.

Dates can be found on the notice board.

Tea & Memories

Once a month, Wednesdays 2.30-4.30pm

Individually themed and fully facilitated, reminiscence sessions with a vintage tea party, to residents of care homes and day care centre users. Come with us on a jolly trip down memory lane.



A few examples of the party themes.

- Sounds of the 60's (Music & Fashions)
- Saturday Nights at the Movies (40's-60's classic movies & cinemas)
- The Royal Family (Jubilees & Weddings)
- The Great British Summer Holiday (Holiday Camps, sticks of rock on the pier & days out)
- Harvest home (Gardening & cooking from the garden)
- Tripping the Light Fantastic (Going dancing)
- Hobbies & Crafts (things we did before the TV)
- Fun Wartime Memories (upbeat and nostalgic)
- Vintage Christmas (How we used to do Christmas)

The Entertainment Providers

Regular themed shows are booked throughout the year.

Dates can be found on the notice board.

Some of the shows booked for 2019.

